

Proclamation

National Nutrition Month March 2022

WHEREAS, food is the substance by which life is sustained; and

WHEREAS, celebrating flavors from cultures around the world is a tasty way to nourish ourselves and appreciate our diversity; and

WHEREAS, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

WHEREAS, the California Academy of Nutrition and Dietetics is a not-for-profit membership association of approximately 6,500 registered dietitian nutritionists (RDNs), nutrition dietetic technicians registered (NDTRs), and students committed to improving California's health and advancing the profession of dietetics through research, education, and advocacy; and

WHEREAS, Redwood City joins with the California Academy of Nutrition and Dietetics in encouraging the community to make informed food choices and develop healthful eating and physical activity habits.

NOW THEREFORE, BE IT RESOLVED THAT I, GISELLE HALE, MAYOR OF REDWOOD CITY, on behalf of the City Council and the people of the City of Redwood City, do hereby proclaim March 2022 as National Nutrition Month and encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

Date: March 9, 2022



Giselle Hale
Giselle Hale, Mayor

Diana Reddy
Diana Reddy, Vice Mayor

Alicia C. Aguirre
Alicia C. Aguirre, Council Member

Lissette Espinoza-Garnica
Lissette Espinoza-Garnica, Council Member

Jeff Gee
Jeff Gee, Council Member

Diane Howard
Diane Howard, Council Member

Michael A. Smith
Michael A. Smith, Council Member