

Proclamation

National Suicide Prevention Awareness Month September 2021

***WHEREAS**, September is known around the United States as National Suicide Prevention Awareness Month and is intended to help promote awareness surrounding each of the Suicide Prevention resources available to us and our community. The simple goal is to learn how to help those around us and how to talk about suicide without increasing the risk of harm; and*

***WHEREAS**, suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and*

***WHEREAS**, suicide is the 2nd leading cause of death among people aged 10–34 and the 10th leading cause of death overall in the United States; and*

***WHEREAS**, the City of Redwood City is no different than any other community in the country, but chooses to publicly state and place our full support behind local educators, mental health professionals, athletic coaches, pack leaders, police officers, and parents, as partners in supporting our community in simply being available to one another; and*

***WHEREAS**, local organizations like Star Vista have helped people throughout San Mateo County navigate life's challenges by offering counseling, crisis prevention, youth housing, and outreach programs, and reach tens of thousands of people in our community each year; and*

***WHEREAS**, Star Vista works closely with local governments to fill unmet needs, partner with schools to connect directly with young people, and collaborate with other non-profit organizations to share expertise and best practices to help people persevere and transform some of life's toughest situations into personal victories; and*

***WHEREAS**, every member of our community should understand that throughout life's struggles, we all need the occasional reminder that we are all silently fighting our own battles.*

***NOW THEREFORE, BE IT RESOLVED THAT I, DIANE HOWARD, MAYOR OF REDWOOD CITY**, on behalf of the City Council and the people of Redwood City, do hereby proclaim September 2021 as National Suicide Prevention Awareness Month, and encourage all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.*

Date: September 13, 2021



Diane Howard
Diane Howard, Mayor

Giselle Hale
Giselle Hale, Vice Mayor

Alicia Aguirre
Alicia Aguirre, Council Member

Lissette Espinoza-Garnica
Lissette Espinoza-Garnica, Council Member

Jeff Gee
Jeff Gee, Council Member

Diana Reddy
Diana Reddy, Council Member

Michael Smith
Michael Smith, Council Member