## Proclamation

## Suicide Prevention Month

## September 2023

WHEREAS, Redwood City will join the county, state and country in honoring Suicide Prevention Month (September), National Suicide Prevention Week (September 10-16) and World Suicide Prevention Day (September 10) to spread the message that suicide can be prevented; and

**WHEREAS**, in 2022, 67 people died by suicide in San Mateo County and 13,525 calls were received by the San Mateo County Crisis Line; and

WHEREAS, Redwood City residents are urged to play a role in supporting each other and preventing suicide by knowing the signs of suicide, finding the words to communicate and reaching out to local 24/7 resources, including our local San Mateo County Crisis Line (run by Star Vista Crisis Center) (call 650-579-0350 or visit sanmateocrisis.org) or 988 Suicide & Crisis Lifeline (call or text 988); and

WHEREAS, the San Mateo County Behavioral Health and Recovery Services Office of Diversity and Equity, Mayors Mental Health Initiative and partners are collectively organizing activities that our community can participate throughout Suicide Prevention Month, including free inperson and virtual events, advocacy days and a communication campaign - "Share Hope Together". Ongoing updates posted at www.SMCHealth.org/SPM.

NOW THEREFORE, BE IT RESOLVED THAT I, Jeff Gee, MAYOR OF REDWOOD CITY, on behalf of the City Council and the people of the City of Redwood City, do hereby proclaim the month of September 2023 as Suicide Prevention Month and call upon everyone in our community to find their role in suicide prevention.

Dated: September 11, 2023

Lissette Espinoza-Garnica, Vice Mayor

Lissette Espinoza-Garnica, Vice Mayor

Alicia C. Aguirre, Council Member

Kala Eukin, Council Member

Diane Howard, Council Member

Elmer Martinez-Sabolios, Council Member

Chris Sturken, Council Member