

## National Senior Citizens Day August 21, 2023

**WHEREAS**, National Senior Citizens Day, observed on August 21 of every year and by many countries, is recognized as a day dedicated to raising awareness about issues that affect senior citizens and their quality of life; and

**WHEREAS**, today, seniors citizens are still very active in our community and continue to have a strong presence in the workforce. For all they do and for all they have achieved for the good of our community, senior citizens deserve our thanks; and

WHEREAS, according to the 2020 census, nearly 56 million seniors live in the United States. By 2060, that number will nearly double. Their wealth of knowledge, skill, and experience offer so much to the next generation; and

WHEREAS, our senior citizens are pioneers of science, medicine, psychology, civil rights and so much more. Their valuable contributions to our communities create better places to live; and

**WHEREAS**, the City of Redwood City strives to create quality programs for seniors to promote social activity, good health, preserve dignity and protect the quality of life of our patrons; and

**WHEREAS**, through programming at the Veterans Memorial Senior Center, the city provides inclusive services that enhance the older population in Redwood City, focusing on health and wellness through a variety of social events, expressive arts, nutrition, fitness, and education; and

**WHEREAS**, the Senior Affairs Commission has also brought forth extremely meaningful work to bolster the city's efforts in improving the lives of our seniors. Recent work includes initiating senior programming and classes in Redwood Shores, creating a transportation survey for seniors, and achieving the designation as an Age Friendly City.

NOW THEREFORE, BE IT RESOLVED THAT I, JEFF GEE, MAYOR OF REDWOOD CITY, on behalf of the City Council and the people of the City of Redwood City do hereby proclaim August 21, 2023 as National Senior Citizens Day and encourage the entire community to celebrate the wisest population of our of our country, and take an opportunity to show our appreciation for their contributions, accomplishments, and valuable services they give throughout their lives.

Date: August 28, 2023



Lissette Espinoza-Garnica, Vice Mayor

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Alicia Ç. Aguirre, Council Member

Kala Ecikin, Council Member

Diane Howard, Council Member

Elmer Martinee Sabelios, Council Member

Chris Sturken, Council Member